

3rd Annual “Run for Sebas”

Middle School Cross Country Invitational

Dear Coaches,

You are invited to attend the 3rd Annual Run for Sebas Middle School XC Invitational held on **Wednesday, September 23rd, 2026**. We will honor the life of an outstanding young man taken from us too soon by doing something he loved. The meet will be located at Lasara ISD located at 11932 Jones St. Lasara, Tx 78561. This meet will not be timed. Email all entries to Coach Jaime Jimenez at jjimenez@lasaraisd.net. Please include number of athletes per division, no names are needed.

Check-In: Check in will be from **5-5:30 PM** in the Lasara Field House.

Schedule: **5:45PM**

7th Grade Girls No Limit, 1.5 Miles

8th Grade Girls No Limit, 1.5 Miles

7th Grade Boys No Limit, 1.5 Miles

8th Grade Boys No Limit, 1.5 Miles

****Note:** Boys and Girls races may be combined.

MS Girls 7th Team: \$50

MS Girls 8th Team: \$50

MS Boys 7th Team: \$50

MS Boys 8th Team: \$50

ENTRY FEES: ****Please have checks on hand day of meet****

****\$200 for ALL 4 MS Teams**** Individual (5 or less): \$10 per runner

Make Checks Payable To: Lasara ISD Cross Country

Address: 11932 Jones St. Lasara, TX 78561

Awards: Awards for top 20 finishers in each division

If interested or have any questions, please contact by txt or email Coach Jaime Jimenez (956)773-8305 jimenez@lasaraisd.net or Coach Rene Zamora (956)867-2686 rzamora@lasaraisd.net.

Lasara ISD Cross Country Coaching Staff

