

# *San Benito “Dog Pound” Cross Country Invitational*

Head Girls Coach: Sonia White  
Head Boys Coach: Jose Torres

Dear Coach:

Our 28<sup>th</sup> Annual San Benito “Dog Pound” Invitational will be held on Friday, August 7, 2026. This will be a good time to see how your summer training stacks against some of the finest teams in the valley. The course is grass, dirt and asphalt with several small hills worked in. The meet will consist of six divisions with a rolling schedule beginning at 8:00 am:

Varsity Girls (4A-5A-6A)  
Varsity Boys (4A-5A-6A)  
Girls (1A-3A Varsity & 4A-6A JV)  
Boys (1A-3A Varsity & 4A-6A JV)  
Freshmen Girls  
Freshmen Boys

Please email before 12 Noon on Thursday, August 6, 2026 to  
HYPERLINK "mailto:adgonzalez@sbcisd.net" [adgonzalez@sbcisd.net](mailto:adgonzalez@sbcisd.net)

Boys & Girls Varsity and Boys Junior Varsity divisions will be running a distance of 5K, and all other divisions will be running 2.0 miles. Restrooms will be available, and athletic training services will be provided. Coaches are reminded to supply their teams with refreshments. Water will be provided at the finish line.

Awards for competition will consist of the following:  
Medals – Individual awards: Varsity – First 10, J.V. - First 10,  
Freshmen First 10

The entry fee will be \$50.00 per team, \$150.00 per school if carrying Varsity, JV, and Freshmen, or \$10.00 per individual runner.

Please make checks payable to the “SBCISD Athletic Department”.

For more information or questions, please contact Alma D Gonzalez or Mary Ann Zamorano at school (956) 361-6587 or 361-6455.

Good Luck with your season and we hope to hear from you!